



CURRICULUM VITAE

# Peter Schnabel

International Expert · High-Performance Coach · Programme Builder

Over a decade developing elite athletes at national and international level — as Germany's National Head Coach for Speed Climbing and a leading coach in the jumps. Since November 2025 operating as an independent international expert and coach, delivering workshops, competition direction, and programmes that build sustained excellence across disciplines.

Bochum, Germany · peter.schnabel@me.com

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**12+**

Years Elite Coaching

**2**

Olympic Disciplines

**WC**

World Cup · EC · WC Coverage

**MBA**

Sport Management Expertise

PROFESSIONAL EXPERIENCE

# Career

INDEPENDENT

Since Nov 2025

## International Expert & Elite Sports Coach

Self-Employed

Delivering international workshops and presentations across climbing, athletics, and elite sport. Continues daily coaching of Germany's national speed climbing squad at the Federal Training Centre Düsseldorf/Hilden, while providing advisory and programme consultancy for national squad athletes in high jump and long jump. Leads planning and delivery of international speed climbing competitions.

International Consultancy

Workshops & Keynotes

Event Direction

Multi-Discipline

NATIONAL HEAD COACH

## Head Coach – Speed Climbing, German National Team

German Alpine Club (DAV)

Sept 2021 – Oct 2025

Full strategic and operational responsibility for Germany's speed climbing programme at the highest competitive level. Directed daily training of the national squad, managed long-term periodisation, and led preparation and athlete support at World Cups, European Championships, World Championships, and the Olympic Games. Built a comprehensive coach education framework and performance diagnostics infrastructure from the ground up.

National Squad

Olympic Preparation

Performance Diagnostics

Coach Education

HEAD OF DEPARTMENT

Jan – Aug 2021

## Head of Jumps – Athletics Federation

Football & Athletics Association of Westphalia (FLVW)

Disciplinary lead for high jump, long jump, and triple jump at federation level. Directed the coaching team in line with federation policy, held full ownership of the annual planning cycle and budget allocation, and represented the department at the Elite Sport Commission.

Team Leadership

Budget Ownership

Federation Relations

FEDERAL TRAINING CENTRE

Feb 2019 – Aug 2021

## Athletics Coach – State Sports Association NRW

LSB NRW · Federal Training Centre Bochum / Dortmund

Managed cross-club elite training groups comprising state and national squad athletes. Designed evidence-based multi-year periodisation plans targeting regional, national, and international competition peaks. Built interdisciplinary support teams spanning diagnosticians, sport scientists, physicians, and physiotherapists, while carrying regional responsibility for the jumps disciplines within the German Athletics Federation (DLV).

State & National Squad

Multi-Year Periodisation

Interdisciplinary Teams

CLUB COACH

Jan 2013 – Jan 2019

## Athletics Coach – Jumps

TV Wattenscheid 01 · Federal Training Centre Bochum / Dortmund

Established and led high-performance training groups in the jumps events, coaching state and national squad athletes alongside selected club athletes. Organised training camps, coaching courses, and performance assessments. Delivered major community events including the Stadtwerke Half Marathon, Sprint Cup, and Westpark Run, with talent identification across Bochum schools.

Talent Development

Event Management

Youth Pathways

YOUTH COACH

Oct 2011 – Dec 2012

## Athletics Coach – U16 Women

TSV Bayer 04 Leverkusen, Athletics Department

Led technical and organisational coaching of the U16 women's squad (W14/W15). Developed training plans, competition schedules, and coordinated season priorities and training time allocation.

Youth Development

Training Design

U16

COMMUNITY COMMITMENT

# Voluntary Work

VOLUNTARY

Since Sept 2022

## Club Coach & Event Organiser

German Alpine Club – Düsseldorf Section

Youth coaching and leading individual training sessions in speed climbing. Organises local and regional events including the "Eurowings Speed Circuit" and "Hilden Speed Classics." Coordinates collaboration with the city of Düsseldorf and its funding programmes across youth, junior, and adult categories.

Youth Work

Event Organisation

City Partnership

VOLUNTARY

Oct 2019 – Dec 2021

## State Coach – High Jump, Women's D-Squad

Football & Athletics Association of Westphalia (FLVW)

Led the coaching team and athlete development programme for the women's D-squad. Managed camp organisation, budget planning, coach education and development, and talent identification across U14 to U20 age groups at regional and national level.

D-Squad

Budget Planning

Talent ID

VOLUNTARY

Oct 2017 – Sept 2019

## NRW State Coach – High Jump, Women's D-Squad

State Federation Nordrhein & FLVW

Led the coaching team and squad programme across both NRW state federations. Responsible for camp planning, budget management, coach development and coordination, and talent identification at regional and national competitions and meetings.

NRW D-Squad

Coach Development

Talent ID

VOLUNTARY

Mar 2019 – Sept 2020

## Event Director – "VIACTIV RaceArts"

TV Wattenscheid 01

Conceived, organised, and delivered an international athletics meeting at the Jahrhunderthalle Bochum on 31 January 2020. Full ownership of a €250,000 budget — spanning budget planning, sport and entertainment concept, and complete event execution. Strategically secured and advanced the Federal Training Centre Bochum-Wattenscheid.

€250,000 Budget

Event Direction

International Meeting

# From Long Jump to Speed Climbing

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The ability to build elite performance across two fundamentally different Olympic disciplines is no coincidence — it is the result of a career defined by scientific rigour, competitive experience, and a relentless drive to understand what makes athletes exceptional.



## Athletics

1997 – 2012

Competitive long jump athlete at LAZ Leipzig and TSV Bayer 04 Leverkusen. Personal best of **7.45 m**, 8th place at the German Junior Championships 2006. First-hand experience as a competitor continues to inform a coaching philosophy grounded in biomechanical precision, athletics-based conditioning, and mental resilience.



## Speed Climbing

2021 – 2025 & ongoing

As National Head Coach, Peter Schnabel built the entire German speed climbing programme — from youth pathway to Olympic podium contention. As an independent expert he continues working daily with the national squad. The shared demands of explosive power, reaction speed, and precise body control make this the natural evolution of an athletics-rooted coaching career.

# Education

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2018 – 2019

## Master of Business Administration

IUBH International University

*Sport management & entrepreneurial thinking*

2010 – 2013

## M.Sc. Exercise Science & Coaching

German Sport University Cologne

*Training science & performance diagnostics*

2007 – 2010

## B.Sc. Sport and Performance

German Sport University Cologne

*Applied sport science foundations*

2004 – 2006

## Abitur (A-Levels)

Landrat-Lucas-Gymnasium Leverkusen

*Previously: Sports Gymnasium Leipzig (1999 – 2004)*

### LANGUAGES

German (Native)

English (Proficient)

### SOFTWARE & TOOLS

Microsoft Office

Adobe Suite

Performance Diagnostics  
Tools

### INTERESTS

Guitar

Sustainability

Artificial Intelligence

Climate Action

Distributed Ledger

READY FOR THE NEXT CHAPTER

# Contact

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Whether it's a strategic partnership, guest coaching, or programme consultancy — I welcome the conversation.

✉ peter.schnabel@me.com

○ Bochum, Germany

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